NECIS Track&Field 2022 - Program of events

| TimeTrack EventGroup/GenderComment08:30WARM UPS09:3080m HurdleU14680m HurdleU14880m HurdleU14880m HurdleU166&16+G100m HurdleU128100m HurdleU12810:30Mini HurdleU120on back stretch10:30Mini Hurdle10:3046+B400m46+C400m46+C400m46+G400m46+G400m46+G400m46+G100mU128100mU128100mU128100mU12612:00Isoom12:00Shot Put15:00mU16616:4515:00mU12615:00mU12815:00mU12815:00mU12613:30Cunch Break for the track officials13:30200m46+BHeats200m46+B200m46+B200m46+B404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C404m46+C40 | DAY #: | 1 | | | | | 0.01010 | |
|---|--------|-----------------|-------------------|----------------------|------------------|---------------------------|----------------------------|------------------------------------|
| 08:30 WARM UPS 09:30 80m Hurdle U14G Heats 09:30 80m Hurdle U14G Heats Bail Throw U12B 80m Hurdle U166&L16-G but Will be run now Discus U16B & 16+B Use discus circle near 100m sta 10:00 Mini Hurdle U12B on back stretch Discus U16B & 16+B Use discus circle near 100m sta 10:30 Mini Hurdle U12B on back stretch Discus U16G Long Jump U12G 10:30 Mini Hurdle U12G neats Long Jump U12G Long Jump U12G 10:00 U12G heats Long Jump U14G Long Jump U14G 10:00 U12G Finals Finals Long Jump U14G 10:00 U12G Finals Long Jump U14B 13:00 Lunch Break for the track officials I3:30 Shot Put U14B 13:00 Lunch Break for the track officials I3:30 Shot Put U14B 13:00 U14G Heats Long Jump U14B 200m U14G Heats Long Jump U14B 200m U14G Heats Long Jump | | | Group/Gender | Comment | Tim | e Field Event | Group/Gender | Comment |
| D9:30 80m Hurdle U14G 80m Hurdle U14B Heats 80m Hurdle U16G&16-G but will be run now 100m Hurdle U16G&16-G but will be run now 100m Hurdle U12B on back stretch 10:30 Mini Hurdle U12C on back stretch 10:30 Mini Hurdle U12G no back stretch 10:30 Mini Hurdle Heats 10:30 Mini Hurdle High Jump 11:30 Lunch Break for the track officials 13:30 Mini Hurdle 13:30 Mini Hurdle 10:30 Mini Hurdle 10:30 Mini Hurdle 13:30 Mini Hurdle 13:30 Mini Hurdle 13:30 Mini Hurdle 13:30 Mini Hu | | | 0.000,00000 | | | | 0.000,000.00 | |
| 09:30 80m Hurdle U14G Ball Throw U12C 00m Hurdle U14G Heats 00m Hurdle U14G but will be run now 100m Hurdle U12B on back stretch 10:30 Mini Hurdle U12G heats 100m U14G heats 100m U12G heats 100m U12G heats 100m U12G Finals, run together 1500m U12G Finals 13:00 Murdle U12G Finals 13:00 Murdle U12G Finals 13:00 MU12G Finals 13:00 MU12G Heats 200m U12B Heats 200m U12G Timed Finals 400m U12G Timed Finals <td>00.50</td> <td></td> <td></td> <td></td> <td>09.0</td> <td>0 Long lump</td> <td>1112B</td> <td></td> | 00.50 | | | | 09.0 | 0 Long lump | 1112B | |
| 80m Hurdle U148 Heats. Discus U168 & 16+B Use discus circle near 100m sta 10:00 Mini Hurdle U128 on back stretch 10:00 Mini Hurdle U128 on back stretch 10:00 Mini Hurdle U128 on back stretch 10:00 Mini Hurdle U126 on back stretch 10:00 Mini Hurdle U128 heats 10:00 Mini Hurdle U126 no back stretch 10:00 Mini Hurdle U128 heats 10:00 Mini Hurdle U126 no back stretch 10:00 Mini Hurdle U128 heats 10:00 Shot Put U166 10:00 Shot Put U166 10:00 Mini Hurdle U128 heats 10:00 Shot Put U146 10:00 Shot Put U146 10:00 Mini Hurdle U126 Finals 11:00 Shot Put U146 Heats 10:00 Mini Hurdle U126 Finals 11:00 Shot Put U148 High Jump U168 & 16+B 13:00 Lunch Break for the track officials Heats Long Jump U146 Heats 200m U126 Heats Long Jump </td <td>09.30</td> <td>80m Hurdle</td> <td>1114G</td> <td></td> <td>0.5.</td> <td></td> <td></td> <td></td> | 09.30 | 80m Hurdle | 1114G | | 0.5. | | | |
| 80m Hurdle U166&16+G but will be run now as a final if 8 or less entries 10:00 Mini Hurdle U128 on back stretch 10:30 Mini Hurdle U126 heats 10:00 U146 heats 10:00 U146 heats 10:00 U168 & 16+B Finals, run together 15:00 U166 & Finals Tinals 15:00 U126 Finals 13:30 U20eh U66 200m U126 Heats 200m U126 Heats 200m U126 Heats 200m U126 Heats 200m U126 Timed Finals 400m U126 Timed Finals 400m U126 TimedF | 05.50 | | | Heats | | | | Use discus circle near 100m start |
| 100m Hurdle U12B& on back stretch 10:30 Mini Hurdle U12B on back stretch 10:30 Midiw- 464-6 heats 100m 146-6 heats 100m U146 finals 12:00 1500m U166 & 16-6 13:00 100m U126 finals 13:00 128 finals 13:00 10126 finals 13:00 10126 finals 13:00 10126 finals 13:00 10128 Heats 200m U126 200m U126 13:00 1012 Heats 200m U146 200m U146 15:00 10146 Timed Finals 15:00 10146 Timed Finals 400m U146 100m U146 1646 Heats 200m U128 15:00 10146 Timed Finals 400m | | | | | | Discus | 0100 0 1010 | Ose discus circle field 100m start |
| entries 10:00 Mini Hurdle U128 on back stretch 10:30 140m 1646 heats 100m 1646 heats 100m U146 heats 100m U146 heats 100m U146 heats 100m U126 heats 1500m U166 & 16+6 Finals, run together 1500m U126 Finals 1500m U128 Finals 13:00 Lunch Break for the track officials 13:30 Shot Put U148 13:30 200m U146 Heats 200m U126 Heats 200m U126 Heats 200m U126 Timed Finals 400m 16+6 Timed Finals 400m U166 Timed Finals 400m U188 Timed Finals 400m U148 Timed Finals 4 | | | | | | | | |
| 10:00 Mini Hurdle U128 on back stretch 10:30 Mini Hurdle U126 on back stretch 10:30 Mini Hurdle U126 on back stretch 10:30 Mini Hurdle U126 heats 100m U146 heats 100m U148 heats 100m U126 heats 100m U168 & 16+6 Finals 1500m U148 Finals 1500m U128 Finals 1330 200m U146 Heats 200m U146 Heats 200m U148 Heats 200m U148 Heats 200m U146 Heats 200m U148 Timed Finals 400m U168 Timed Finals 4 | | 100m Harare | 010DQ10+D | | | | | |
| 10:30 Mini Hurdle U12G on back stretch 10:30 10:30 Holke Heats 100m U466 Heats 100m U146 heats 100m U148 heats 100m U168 finals 1500m U126 Finals 1300 U126 Finals 1300 U126 Heats 200m U146 Heats 200m U146 Heats 200m U126 | | | | | | | | |
| 10:30 Mini Hurdle U12G on back stretch 10:30 10:30 Holke Heats 100m U466 Heats 100m U146 heats 100m U148 heats 100m U168 finals 1500m U126 Finals 1300 U126 Finals 1300 U126 Heats 200m U146 Heats 200m U146 Heats 200m U126 | 10:00 | Mini Hurdle | U12B | on back stretch | | | | |
| 100m 1466 heats 100m U146 heats 100m U146 heats 100m U146 heats 100m U146 heats 100m U126 heats 100m U126 heats 100m U168 & 16+8 Finals, run together 1500m U146 Finals 1500m U146 Finals 1500m U126 Finals 1300 Lunch Break for the track officials 13:30 Shot Put U148 200m U146 Heats 200m U148 Timed Finals 400m U168 Timed Finals 400m U168< | | | U12G | on back stretch | 10:3 | 30 Shot Put | U16G | |
| 100m 1466 heats 100m U146 heats 100m U148 heats 100m U148 heats 100m U126 heats 100m U126 heats 100m U128 heats 100m U128 finals, run together 1500m U148 finals 1500m U148 finals 1500m U126 finals 1500m U126 finals 1300 Lunch Break for the track officials finals 200m U146 Heats 200m U148 Heats 200m U148 Heats 200m U148 Heats 200m U146 Heats 200m U146 Heats 200m U148 Heats 200m U146 Timed Finals 400m U166 Timed Finals 400m U166 Timed Finals | | | | | | | U12G | |
| 100m U166 heats 100m U148 heats 100m U128 heats 100m U126 heats 100m U126 heats 100m U126 heats 12:00 1500m U168 & 16+8 Finals, run together 1500m U168 16+6 Finals 1500m U128 Finals 13:00 Lunch Break for the track officials 13:30 Shot Put U148 200m U166 Heats Heats Long Jump U148 200m U166 Heats Discus 16+6 Use discus circle near 100m sta 200m U128 Heats Discus 16+6 Use discus circle near 100m sta 200m U126 Timed Finals High Jump U168 & 16+8 Jump together 200m U128 Timed Finals High Jump U166 & 16+6 Jump together 400m U168 Timed Finals High Jump U166 & 16+6 J | | | | heats | | 0 1 | | |
| 400m U146 heats 100m U144 heats 100m U146 heats 100m U128 heats 100m U128 heats 12:00 IS00m U168 & 16+B 15:00m U168 & 16+G Finals, run together 15:00m U126 Finals 15:00m U126 Finals 13:00 Lunch Break for the track officials 13:30 Shot Put U148 200m U166 Heats 200m U166 Heats 200m U146 Heats 15:00 Timed Finals 15:00 Triple Jump U168 & 16+B 400m U166 Timed Finals High Jump U166 & 16+G 400m U166 Timed Finals High Jump U166 & 16+G 400m U | | 100m | | heats | | | | |
| 100mU14Gheats100mU12Bheats100mU12Gheats12:001500mU16B & 16+6Finals, run together1500mU14GFinals1500mU14GFinals1500mU12GFinals1500mU12GFinals13:00Lunch Break for the track officials200m16+6Heats200m16+6Heats200mU16GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU12GHeats200mU12GHeats200mU12GTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GFinals, run together4x100mU14GFinals4x100mU14GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU1 | | 100m | U16G | heats | | | | |
| 100mU14Gheats100mU12Bheats100mU12Gheats12:001500mU16B & 16+6Finals, run together1500mU14GFinals1500mU14GFinals1500mU12GFinals1500mU12GFinals1500mU12GFinals13:00Lunch Break for the track officials200m16+6Heats200mU16GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU14GHeats200mU12GHeats200mU12GHeats200mU12GHeats200mU12GTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GFinals, run together4x100mU14GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12G <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> | | | | | | | | |
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| 100mU12Gheats12:001500mU168 & 16+BFinals, run together1500mU148Finals1500mU146Finals1500mU128Finals1500mU126Finals13:00Lunch Break for the track officials13:00U166Heats200mU166Heats200mU166Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU168Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Finals, run together4x100mU168 & 16+BFinals, run together4x100mU128Finals4x100mU126Finals4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU126Finals4x100mU128Finals | | | | | | | | |
| 1500mU16G & 16+GFinals, run together1500mU148Finals1500mU146Finals1500mU128Finals13:00Lunch Break for the track officials13:00Lunch Break for the track officials13:00U126Finals13:00U126Heats200mU166Heats200mU148Heats200mU148Heats200mU148Heats200mU148Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Timed Finals400mU168Timed Finals400mU148Timed Finals400mU146Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Finals, run together4x100mU128Finals, run together4x100mU128Finals, run together4x100mU128Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> | | | | | | | | |
| 1500mU16G & 16+GFinals, run together1500mU148Finals1500mU146Finals1500mU128Finals13:00Lunch Break for the track officials13:30200m16+B200m16+GHeats200mU166Heats200mU148Heats200mU148Heats200mU148Heats200mU148Heats200mU148Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Heats200mU126Timed Finals400mU168Timed Finals400mU148Timed Finals400mU148Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Finals, run together4x100mU168 & 16+BFinals, run together4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x10 | 12:00 | 1500m | U16B & 16+B | Finals, run together | 12:0 | 00 Shot Put | U14G | |
| 1500mU14GFinals1500mU12BFinals1500mU12GFinals13:00Lunch Break for the track officials13:30200m16+8200m16+6Heats200mU16BHeats200mU14BHeats200mU14BHeats200mU14BHeats200mU14BHeats200mU12GHeats200mU12GHeats200mU12GHeats200mU12GTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GFinals, run together4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFina | | 1500m | U16G & 16+G | - | | Long Jump | U14B | |
| 1500mU12BFinals13:00U12GFinals13:00Lunch Break for the track officials13:30200m16+B200m16+GHeats200mU16GHeats200mU16GHeats200mU14BHeats200mU14BHeats200mU12BHeats200mU12BHeats200mU12GHeats200mU12BHeats200mU12BHeats200mU12BHeats200mU12BHeats200mU12BTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU12BTimed Finals400mU12BTimed Finals400mU12BTimed Finals400mU16G & 16+FFinals, run together4x100mU16G & 16+FFinals, run together4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100m< | | 1500m | U14B | Finals | | High Jump | U16B & 16+B | |
| 1500mU12GFinals13:00Lunch Break for the track officials13:30200m16+B200m16+GHeats200mU166Heats200mU146Heats200mU146Heats200mU146Heats200mU146Heats200mU126Heats200mU126Heats200mU126Timed Finals400mU168Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU166Timed Finals400mU126Timed Finals400mU166Finals400mU166Finals400mU168Stort Put400mU168Stort Put17:004x100mU1684x100mU1284x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU1264x100mU126< | | 1500m | U14G | Finals | | | | |
| 13:00 Lunch Break for the track officials 13:30 200m 16+8 200m 16+6 200m 11:30 Shot Put U148 200m U166 Heats 200m U146 Heats 200m U146 Heats 200m U146 Heats 200m U128 Heats 200m U126 Heats 15:00 400m 16+6 Timed Finals 400m U168 Timed Finals 400m U146 Timed Finals 400m U146 Timed Finals 400m U148 Timed Finals 400m U148 Timed Finals 400m U128 High Jump 400m U126 Timed Finals 400m U126 Timed Finals 400m U168 & 16+8 Finals 400m U168 & 16+6 Finals 400m U168 & 16+6 Finals 400m U148 Finals 4100m U146 Finals 4100m U128 | | 1500m | U12B | Finals | | | | |
| 13:30200m16+BHeats200m16+GHeats200mU16BHeats200mU16BHeats200mU14BHeats200mU14BHeats200mU14BHeats200mU14BHeats200mU12BHeats200mU12GHeats200mU12GHeats200mU16GTimed Finals400m16+BTimed Finals400mU16GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU16G & Timed Finals400mU12BTimed Finals400mU16G & Timed Finals400mU16G & Timed Finals400mU12BTimed Finals400mU12BFinals, run together4x100mU14BFinals, run together4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12G4x100mU12G4x100mU12G4x100m | | 1500m | U12G | Finals | | | | |
| 200m16+6Heats200mU168Heats200mU146Heats200mU148Heats200mU146Heats200mU146Heats200mU128Heats200mU126Heats15:00400m16+8400mU166Timed Finals400mU166Timed Finals400mU146Timed Finals400mU146Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Finals, run together4x100mU148Finals4x100mU148Finals4x100mU128Finals4x100mU128Finals4x100mU128Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126F | 13:00 | Lunch Break f | or the track offi | cials | | | | |
| 200m16+CHeats200mU168Heats200mU146Heats200mU148Heats200mU146Heats200mU146Heats200mU128Heats200mU126Heats15:00400m16+6Timed Finals400mU166Timed Finals400mU166Timed Finals400mU146Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU126Timed Finals400mU128Finals, run together4x100mU148Finals4x100mU148Finals4x100mU128Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU126Finals4x100mU1264x100mU126 | | | | | | | | |
| 200mU16BHeats200mU14GHeats200mU14BHeats200mU14GHeats200mU12BHeats200mU12GHeats15:00 400m16+BTimed Finals400m16+GTimed Finals400mU16GTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12G4x100mU1 | 13:30 | 200m | 16+B | Heats | 13:3 | 30 Shot Put | U14B | |
| 200mU16GHeats200mU14BHeats200mU14GHeats200mU12BHeats200mU12GHeats200mU12GHeats15:00400m16+B400m164BTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16G & 16+G4x100mU14BFinals, run together4x100mU14BFinals4x100mU14BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12G4x100mU12G4 | | 200m | 16+G | Heats | | Long Jump | U14G | |
| 200mU14BHeats200mU14GHeats200mU12BHeats200mU12GHeats15:00400m16+BTimed Finals400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals17:004x100mU16G & 16+B4x100mU14GFinals, run together4x100mU14GFinals4x100mU14BFinals4x100mU14GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12G4x1 | | 200m | U16B | | | High Jump | U16G & 16+G | |
| 200mU14GHeats200mU12BHeats200mU12GHeats15:00 400m16+BTimed Finals400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GFinals, run together4x100mU14GFinals, run together4x100mU14GFinals4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals< | | | U16G | Heats | | Discus | 16+G | Use discus circle near 100m start |
| 200mU12BHeats200mU12GHeats15:00400m16+BTimed Finals400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12BTimed Finals400mU12GTimed Finals17:004x100mU166 & 16+G4x100mU14GFinals, run together4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals | | 200m | U14B | Heats | | | | |
| 200mU12GHeats15:00400m16+BTimed Finals400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16G & 16+G4x100mU14GFinals, run together4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals | | 200m | U14G | Heats | | | | |
| 15:00400m16+BTimed Finals400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16G & 16+G4x100mU14GFinals, run together4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals | | | | Heats | | | | |
| 400m16+GTimed Finals400mU16BTimed Finals400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16B & 16+B4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12BFinals4x100mU12G4x | | | | | | | | |
| 400mU16BTimed FinalsHigh JumpU14G400mU16GTimed Finals | 15:00 | | | | 15:0 | | U16B & 16+B | Jump together |
| 400mU16GTimed Finals400mU14BTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16B & 16+B4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14BFinals4x100mU12GFinals4x100mU12GFinals4x100mU12GFinals | | | | | | | | |
| 400mU14BTimed Finals400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16B & 16+BFinals, run together4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14BFinals4x100mU12BFinals4x100mU12GFinals4x100mU12GFinals | | | | | | High Jump | U14G | |
| 400mU14GTimed Finals400mU12BTimed Finals400mU12GTimed Finals400mU12GTimed Finals17:004x100mU16B & 16+BFinals, run together4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals | | | | | | | | |
| 400mU12BTimed Finals400mU12GTimed Finals17:004x100mU16B & 16+BFinals, run together4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12BFinals4x100mU12GFinals | | | | | 16: (| 00 Triple Jump | U16G & 16+G | Jump together |
| 400mU12GTimed Finals17:004x100mU16B & 16+BFinals, run together4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12GFinals | | | | | | | | |
| 17:00 4x100mU16B & 16+BFinals, run together4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12GFinals | | | | | | | | |
| 4x100mU16G & 16+GFinals, run together4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12GFinals | | | | | | | | |
| 4x100mU14BFinals4x100mU14GFinals4x100mU12BFinals4x100mU12GFinals | 17:00 | | | | | | | |
| 4x100mU14GFinals4x100mU12BFinals4x100mU12GFinals | | | | - | | | | |
| 4x100mU12BFinals4x100mU12GFinals | | | | | | | | |
| 4x100m U12G Finals | | | | | | | | |
| | | | | | | | | |
| 18:00 End of day 1 schedule | | 4x100m | U12G | Finals | | | | |
| | | | | | | | | |